

Selected developmental items 0-5

NB don't forget to ask about vision and hearing first!

AGE. (M)	GROSS MOTOR	FINE MOTOR-ADAPTIVE	RECEPTIVE LANGUAGE	EXPRESSIVE LANGUAGE	PERSONAL-SOCIAL SKILLS AND PLAY	SELF CARE SKILLS
1 ½	Tummy-head up 45°	Follow 180° horizontally Follow O vertically	Quiets to voice	Cry, coo	Smile spontaneously	
3	Up on elbows Pull to sit no head lag	Hands midline	Turns head to voice Quietens to voice/ sound Localise bell/keys →	Reciprocal vocalisation, laugh	Smile reciprocally Grasp rattle Smiles, excited by familiar situations (eg feed, bath)	
6	Up on hands Hands to feet Sit supported Rolls tummy-back (5m) Rolls back-tummy (6m)	Take 2 blocks Transfer hand to hand Reaches up from tummy-one hand?? Mouthes toys	Selective response to tone in mother's voice Rapidly turns to quiet sounds/ voice Bell/keys ↘	Consonants Single c/v combinations	Lift arms for pickup Shakes a rattle to make a sound	
9	Sit well, lean forward & turn Pull to stand Crawl/Creep	Take 3 blocks Index point Object permanence begins; may watch fallen object, search for partly hidden object	Understands 'no', 'ta', own name Bell/keys ↘	Vocalise to communicate Poly-syllabic, tunefulbabble Jargon	Plays peek a boo Stranger danger Bangs rattle on ground/ table for sound	Cooperate with dressing Feeds self a biscuit
12	Stands-not holding on Cruise around furniture Independent stepping	Pad to pad pincer Blocks in cup Casting, finds fully hidden object	Shake head for no Copy wave byebye, define by use	1 st words with meaning	Push toy car, mouthing less Clap hands Bangs cubes together in imitation	Drinks from held open cup
15	Walk independently Squat to play	Stack 2 blocks Mark paper with pencil, fist grip	Understands object names, Approp response to "where's ...?" Wave byebye on request Understands point	2-6 words	Pushes large wheeled toy Casting prominent Spontaneous wave	Remove item
18	Walk backwards Kick Throw overhand Run cautiously Up stairs hand held Climb into chair	Stack 3 blocks Vigorous straight scribble 3 shape board 3 in. Handed ness beginning	1 st body parts Hands familiar named object/ toy on request	Prominent jargon, 6 – 20 words, two wants (milk, cookie,more) Many common objects, animal noises Family's names Gives own name	Symbolic play single step . Stopped mouthing. Likes to be shown books (21mo) Play alone with adult close (21mo).	Remove hat, shoes & socks Independent with spoon
24	Throw ball into bin Confident run Seat self at table Scoot trike Up stairs 1 at a time holding on	Circular scribble, Imitate vertical, then horizontal line (30mo) , dagger grip. Stack 6, train of 3 3 hole board rotated	Prepositions, on, in Follow 2 step command e.g. shut door & get coat Object uses, which one for... 6 body parts Fetch item from another room 30/12	Combinations. Prominent echolalia 'me', 'no'. joins in songs/ rhymes Questions: what/who 30/12 3-5 wd comb 30/12 Pronouns I, me, you 30/12 Verbs Eat, kick, gone 30/12	Imitative play single step 24mo Turns single pages of book Play in group with adult, ringarosy 28m Parallel play/imit sequence 30m Imag play seq 36m	Indicate wet/dirty Put some clothes on Independent with cup
36	Tiptoes Jumps 2 feet together Upstairs adult, down 1 at a time. Pedals trike. Catch big ball, good kick	Stack 9, thread big beads 3-brick stairs and bridge Handedness established Imitate circle, cross, tripod grip 42/12 count 4 bricks	4 Prepositions, under, up, down, in Mime/complex gesture to indicate wants. Fetch 2-3 items 42/12	Echolalia resolved Full name Plurals	Gender Name friend Share, turns, Likes to "help" Vivid pretend play	Tshirt on Shoes and socks on Wash hands (needs help to dry)
48	Hop 3 Walk and run on tiptoe Jump off 2 steps Downstairs adult	5-brick gate Draw a man 3 parts, ladder, square. Cut with scissors Name 4 colours Longer of 2 lines	Prepositions, between Opposites, big/little, high/low Comprehend: what would you do if you were cold, hungry, tired, Which one is bigger, older, faster	Intelligible to strangers Tense past/future Constant questions Where, why, how, when, which Long stories, several rhymes/ songs	Gives age Cooperative play, hide and seek, snap Dressups, pretend to be someone else	Undress independently Wash and dry hands and face
60	Run upstairs, gallop, walk a line Bounce & catch Skips alternate feet Balance each foot 6 sec.	Man 6 parts, triangle, Pencil grip mature- 6-brick stairs, castle. Count 15 bricks. Match 10 colours	What things made of – table, window, pen, key Enjoys riddles, jokes	Grammatically correct sentences incl conjunctions and exceptions Asks word meanings	Knows and gives address and birthday. Name best friend	Dress independently Uses knife and fork