

OH+S

DHB Occupational Health + Safety Conference

Speaker Biography



Sue Alexander

Sue Alexander has worked for the Canterbury District Health Board as a Safe Handling Advisor since 1997. During this time she has been influential in developing workplace systems and training in patient handling at The Princess Margaret Hospital.

Sue completed a Post-Graduate Diploma in Ergonomics from Massey University in 2002. She is an Associate New Zealand Ergonomist and is currently the Convenor of the Board for Certification of New Zealand Ergonomists. She has a Teaching Certificate for Health Professionals and an Advanced Diploma in Physiotherapy (Orthopaedic Manual Therapy).

Sue was one of the peer reviewers in the development of the NZ Patient Handling Guidelines. She has presented conference papers in New Zealand and Australia on some of her hospital-based projects.

Patient handling is complex and challenging - Sue believes that a comprehensive principle-based systematic approach is required to encourage a proactive way of working so everyone stays safe and injury-free.